



Volume 8 Issue1

Aug 21 – June 22



SMT. NAGARATHNAMMA
SCHOOL & COLLEGE OF NURSING
ACHARYA INSTITUTES

From the Editors Desk

Editorial Board

Chief Editor:

Prof. Devi Nanjappan

Deputy Editor:

Mr. Sandeep Wesley

Greetings and a warm welcome to 'The Pulse

We couldn't be more excited to have made it to this point. We are honored to share the work of so many dedicated and thoughtful people. This academic year has been the year of excellence of many curricular and extra-curricular activities. Our Bulletin gives the readers a glimpse of

all the activities of the academic year 2020-21.

“College life is known as one of the most memorable years of one's life. It is entirely different from school life. College life exposes us to new experiences and things that we were not familiar with earlier. For some people, college life means enjoying life to the fullest and partying hard. While for others, it is time to get serious about their career and study thoroughly for a brighter future”

Graduation Ceremony 2021

Graduation for the batch 2021 was conducted on 28th of August for Bsc, GNM, and Post Bsc and M.Sc Nursing students in Main Auditorium under SNA/Alumni coordinator Mr.Sandeep Wesley & Mrs.Gincy Samuel, with strict Covid Precautions. Programme started with a procession from students along with chief guest and guest of honor, welcome to the guest on Dias by students followed by lamp lighting. Principal Prof Devi Nanjappan submitted the annual report for the year 2021; Chief Guest Dr. N. RAMAKRISHNA Reddy addressed the graduates, by highlighting the importance of education and role of nurses in pandemic situation. An encouraging words by our Guest of Honor Dr.Maneesh Paul Campus Director at Acharya Institutes, Motivated and encouraged the graduates. Our chief guest in this occasion released pulse bulletin. Students were awarded with meritorious and valedictorian certificates. Programme ended with student's speech.



NURSING DEDICATION CEREMONY

Smt. Nagarathnamma School & College of Nursing conducted the Nursing Dedication Ceremony of the 19th batch of GNM & BSc. Nursing Novice Nurses on the 11th Dec 2021. The Programme was coordinated by Mrs. Elayarsi and Mrs. Gincy Samuel. This auspicious occasion was graced by Dr. Bindu Mathew and Dr. Maneesh Paul, Campus Director Acharya Institutes and Principal Prof. Devi Nanjappan. Theme for the year was “A Voice To Lead” which was unfolded by the Principal, she enlightened the audience on the theme. Chief Guest Dr. Bindu Mathew spoke on the importance and future of nursing profession. Dr. Maneesh Paul has enlighten about few inspirational words for the budding nurses. The ceremony came to an end by singing the National Anthem.



Investiture Ceremony

Programme was conducted on 11th of December 2021, to give out the badges and to vow the pledges to carry out the responsibilities assigned under SNA, with honesty and equality. Programme was started at 11 am in main auditorium and the honer was done my Mr.Manish Paul, Campus Director and Mrs.Bindu Mathew, chief guest for the event.



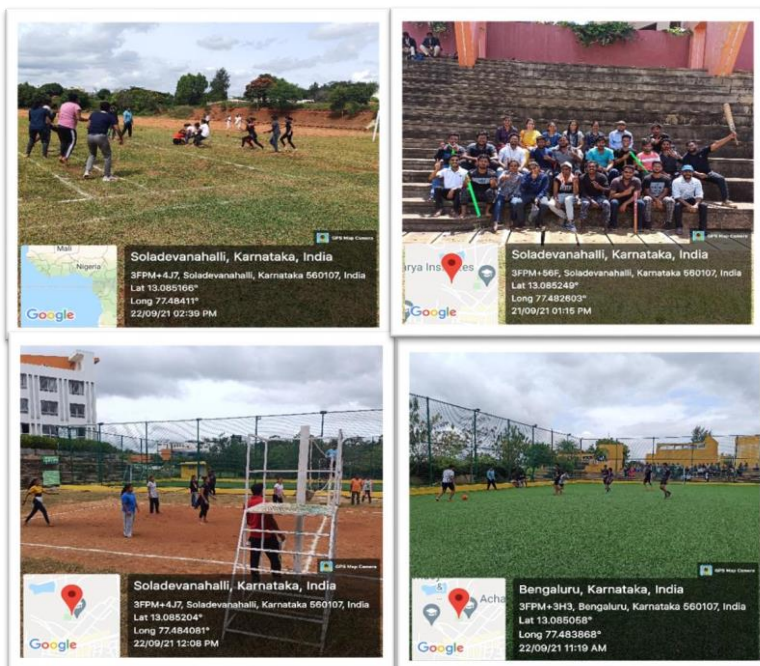
Covid Vaccine Camp – 2022

To provide timely benefits of vaccine to students. Vaccine camp was organized in acharya main campus on 11th January 2022. Vaccination camp was organized for the persons aged 18 years and above in which around 80 students participated and got immunization done. SNA volunteers Along with Final year nursing students played an important role by vaccinating the participants and making this camp a success along with PHC staffs.



Inter Departmental Competition

It was organized between Smt.Nagarathnamma College of Nursing & Acharya Allied Health Sciences students on 21st & 22nd of September 2021. Event was organized under SNA, Events started with welcoming the guest faculties of both departments and by wishing students good luck for all the events. All events were well organized and students from both departments participated enthusiastically and made this event a great success.



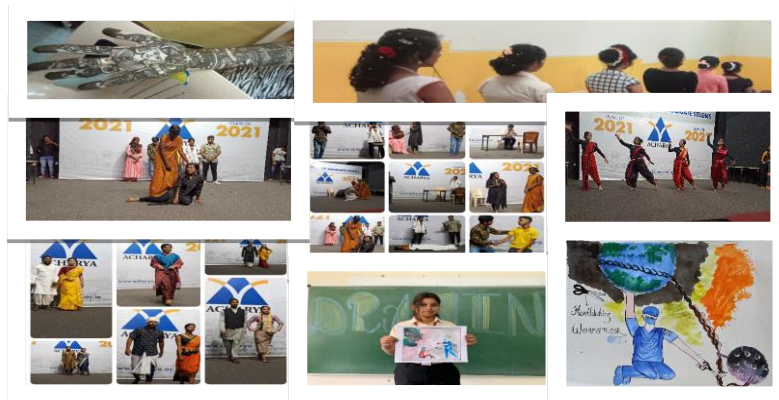
SPORTS LEAGUE

SNA Sports Was Conducted For the Year 2021 from 26th September to 30th September 2021. Students were divided in to groups (Spartans/Avengers & Falcons). Each team nominated their team captain and vice-captain on voting. All sports events took place under the guidance of sna advisor and physical education incharge Mr.R.K.Gowda sir.



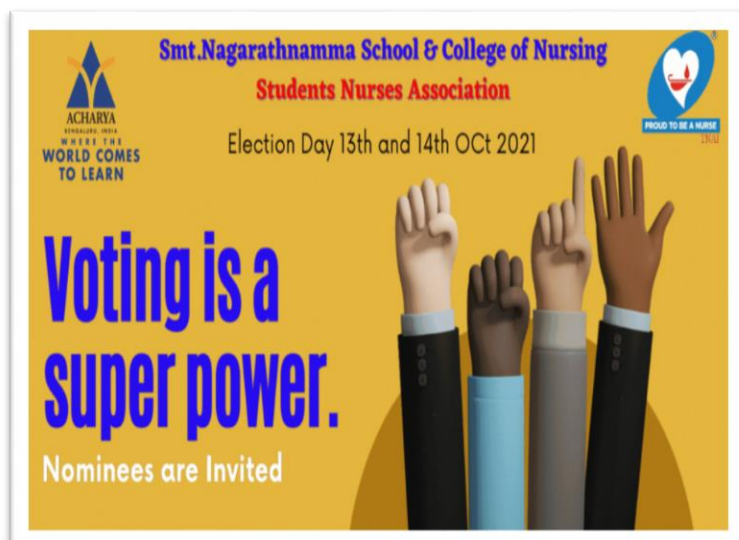
Vibrance a Cultural Feast

Culturals was conducted in two categories (indoor & out door) indoor programmes was organised in nursing seminar hall and outdoor in main auditorium on 29th and 1st of Oct 2021 with various colourful events from 9:30 am – 4:30 pm.



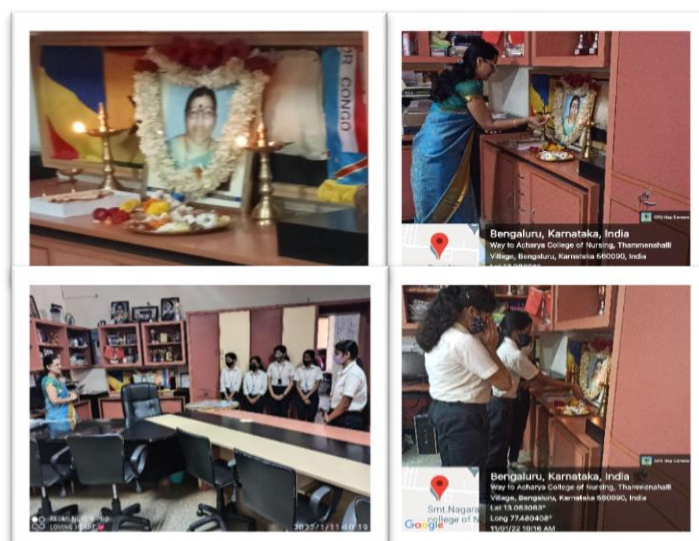
SNA Election

Elections for students nurses was conducted on 13th and 14th of October for Bsc and Gnm Nursing students, Nomination file was collected. Campaign was allowed 2 days prior to elections. Online voting was collected through google sheet and results was announced the same day of voting around 350 students participated in voting to select their students representative.



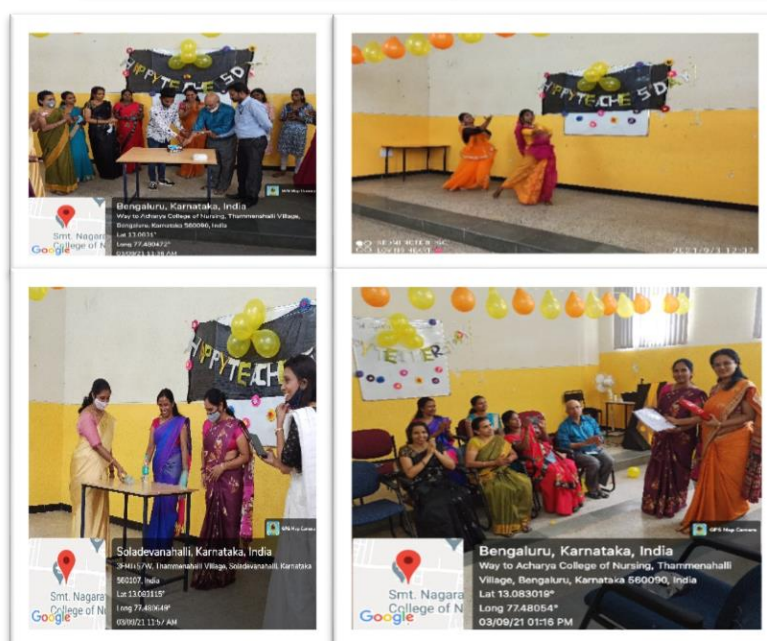
SMT. NAGARATHNAMMA JAYANTHI

The programme started with prayer offering to Smt. Nagarathamma by traditional puja by Principal, followed by sweet distribution to students and staffs Briefing about Smt. Nagarathamma's Vision for the nursing college was done by Principal, Team visited old age home. Programme concluded by handing over of Stationeries and groceries.



Teacher's day

Teacher's day was celebrated on 5th of September 2021 under. Programme started with welcoming speech by students followed by welcome song by 1st year Gnm student, Principal Prof. Devi Nanjappan addressed gathering and thanked students for organizing the event. Short games and cultural programme was organised for teachers. Mrs. Elaiyarasi.S was awarded as a best teacher for the year by principal Prof. Devi Nanjappan. vote of thanks.



Community Health Nursing

SWATCH SCHOOL ABHIYAN

Swatch School Abhiyan Camp for the year 2022 was organized by 4th and 3rd year nursing students of Smt.Nagarathnamma School & College of Nursing students on 16th of February 2022 in Government Primary School Premises Tharabanahalli Rural village. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits. Under the Guidance of Mr.N.Sandeep Wesley and Ms.Tejaswani.



Pulse Polio Programme

Pulse polio programme organized by Government of Karnataka in the month of February 2021. Dr. Jayaram Chikkabanavara PHC took an interactive training session for our students for vaccine drive. Vaccine drive was for 3 days from 27th Feb to 1st of March 2022. students were divided and posted in various Anganwadi and government school for the day 1, for the day 2 & 3 took part in the vaccine drive.



The Puppet Show

Health Education through puppet show was organised for people of Silube Pura on 21st of April 2022 to educate Antenatal & Postnatal Mothers and villagers about importance of Immunization. Programme started with welcome speech by 2nd year Bsc Nursing students, at 11 am and every scene was narrated with both English and kannada languages, at the end of the role play summary about role play was briefed and explained by students.



Health Camp

Health Camp for the year 2022 was organized by 4th and 3rd year nursing students of Smt.Nagarathnamma School & College of Nursing students on 15th of February 2022 in Tharabanahalli Rural village. The health checkup programme started at around 10am at Government primary school in Tharabanahalli, Screening was done for DM,HTN and other Health related issues for villagers. Students actively took part in all the areas to make this programme a grand success. Free medication was given to individual (one to one) by students. Total beneficiaries participated were 36. Procedures Conducted by Students (Urine Sugar/Hb scale reading/covid test/vitals and Physical Examination).



NSS

Life Skills Training

Smt. Nagarathamma College of Nursing organised a Certification Course on Life Skills for B.Sc. Nursing Students from 05.05.2022 to 07.05.2022 as a value added course under NSS. Purpose of this programme is to Develop attitudes and beliefs in a positive manner so that they contribute to the society and achieve success as they transition to adulthood, and the work world. Gain Personal, Emotional, Intellectual, Professional and Social Competency. Pre and Post test was conducted for all students.



Medical Surgical Department

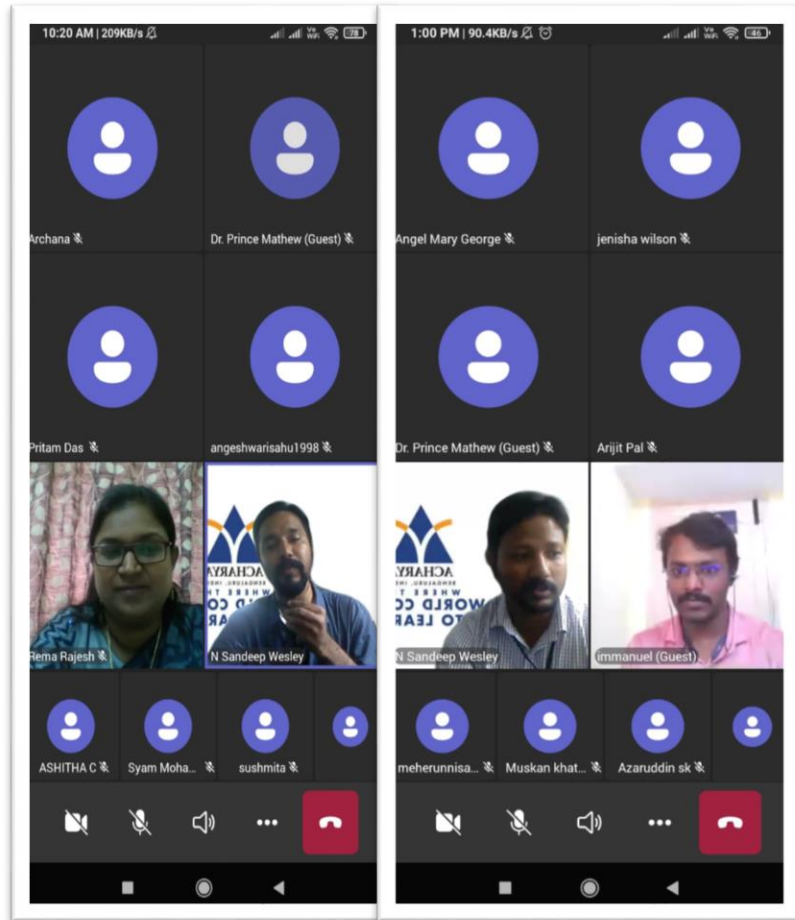
BASIC LIFE SUPPORT-CPR

A four day intensive training program was organized from 05th to 08th of April 2022 at Smt Nagarathamma school & college of nursing. The trainers were Mrs P.Snehalatha Reddy, M.Sc(N), Asst Professor, Dept Medical Surgical Nursing, Mrs Nirmala Reddy, M.Sc(N), Asst Professor, Dept Medical Surgical Nursing, Ms Payel Das B.Sc(N), Asst lecturer. The training programme commenced by conducting a pre test for the students. There was demonstration of CPR in the lab by the trainers. Students had re demo session. Students had post test on the last day of training. The students gained knowledge to recognize the cardiac emergencies and know how to respond quickly at the earliest as per American Heart Association(AHA) guidelines.



NATIONAL CONFERENCE

National Conference on Recent Trends in Trauma Care was held at Smt Nagarathnammal College of Nursing, On 15th June 2022, from 10 am to 2 pm. in online mode. Welcome note was delivered by Mr. Syam Mohanlal, Assistant Professor, The sessions continued by various eminent speakers from different organisations across the states. Introduction of Trauma Care by Prof Rama Rajesh, Basic care & management of trauma in Emergency Room by Dr Melbha Justin. Nursing Management of Trauma by Mr. Immanuel, Psychological Aspects & Management of Trauma by Dr. Prince Mathew. Session concluded by word of Thanks by Mr. Sandeep Wesley.



Panel Discussion

Panel discussion was organised by 3rd year GNM students of Smt. Nagarathnamma School of Nursing on gender equality. Gender equality is about men and women and mainly third gender being valued to the same extent and sharing equally and fully in the process of development, enjoying equal status, recognition and consideration. This is the main important topic to spread the awareness among the students. They carried the conversation in front of the audience. By host the discussion topic was thrown to participants step wise. At the end of the discussion audience also participates. The audience put important questions and experts answers them and clarify the points.



Quiz contest

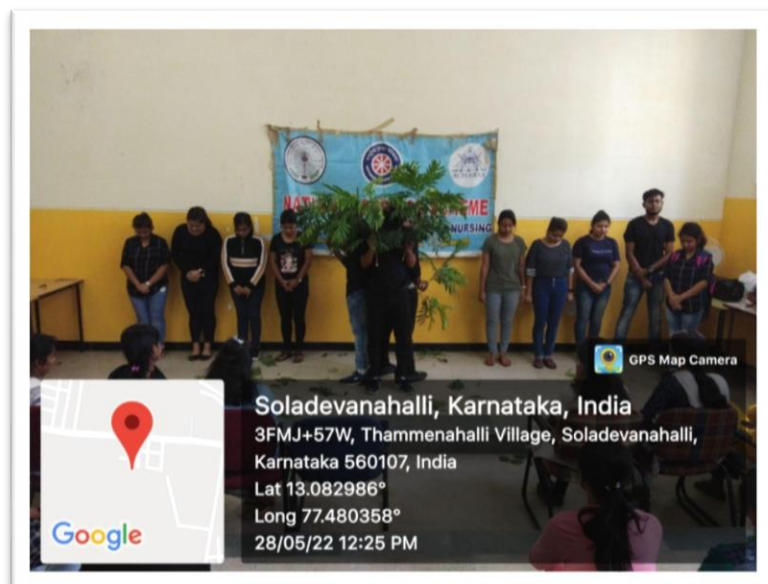
It was conducted by 3rd year GNM students on 20th may , 2022. On topic “ Nursing Management and Administrative”. Purpose is to help the student to understand the basic principles of administrative and its application to the management of ward and health care unit. . Students participated was 1st year GNM and 1st year BSC. Total participants for the programme was 94 students.



Role Play

The role play was conducted by 3rd year GNM students on 28th of may,2022 about “Environmental Consequences”.

environmental consequences is issues are effects of human activity on the biophysical effects that cause environmental degradation. on this topic , role play has taken important lead to spreading awareness among the students and society about saving the environment from degradation.



INTERNATIONAL YOGA DAY

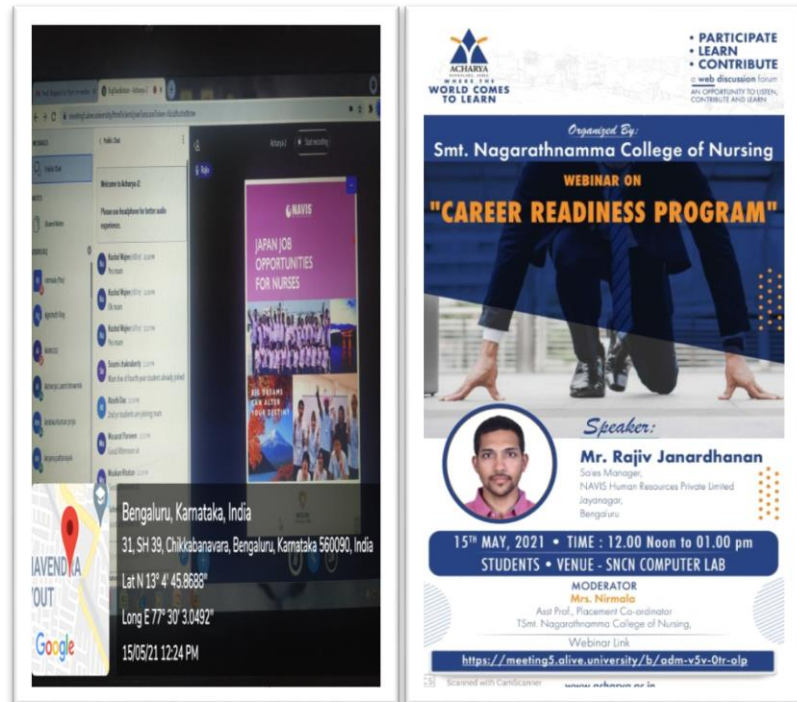
The program was conducted to bring awareness about the importance of this day, and the benefits Yoga imparts. Students from Smt. Nagarathamma school and college of nursing Have participated in YOGA workshop organized by Acharya institute and have been awarded with Certificates.



Placements

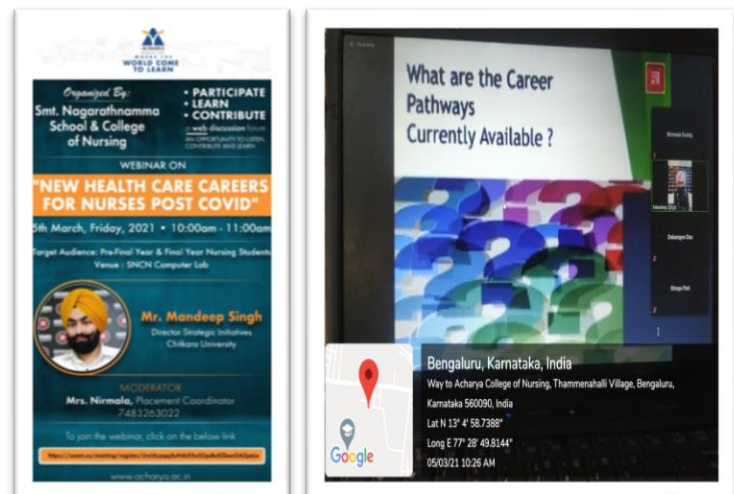
Career Readiness Program

The event was organized by placement department of Smt.NagarathnammaCollege of nursing on 15/05/2021 in alive plat form. The resource person for the webinar was Mr. Rajiv janardhanan sales manager navis human resources private limited.The session was about career readiness program and speaker explained about opportunities for nurses in japan and navis human resources private limited which is having government project between indo-Japan. The speaker also explained about this process of training



New Health Care Careers For Nurses Post COVID.

The event was organized by placement department of Smt.NagarathnammaCollege of nursing on 05/03/2021 in zoom flat form. The resource person for the webinar was Mr. Mandeep Singh Director strategic initiatives Chitkara University has rich and varied experience in Nursing.



Field Visit

Family Planning Association of India.

As a part of the community requirement for 4th year Bsc Nursing a visit was planned on 7th of March 2022. Objectives of the visit was to understand the vision and mission of FPAI and their future goals.



Brain museum

Educational visit to students is beneficial and creates curiosity to learn and correlate the theory learnt in textbooks to the specimens what they visualize in the museum. Museums are learning environments for the students. Our students of III B sc and II GNM paid a visit to Brain museum at NIMHANS, Bengaluru on 27th May and 31st May 2022.



NAAC Orientation

The programme started by Prof. Mahendra Singh Rathore, Principal, Geetanjali Institute of Pharmacy, Udaipur chaired the sessions by Eminent key note Speakers/ NAAC Assessors from various parts of the Country. Further continued with sessions related to General accreditation process, and the Criterion wise description of Key Indicators and Metrics and whole process of IIQA, AQAR, SSR, submission leading to DVV Validation, Peer Team Visit to the Institution and the CGPA Grading Process.



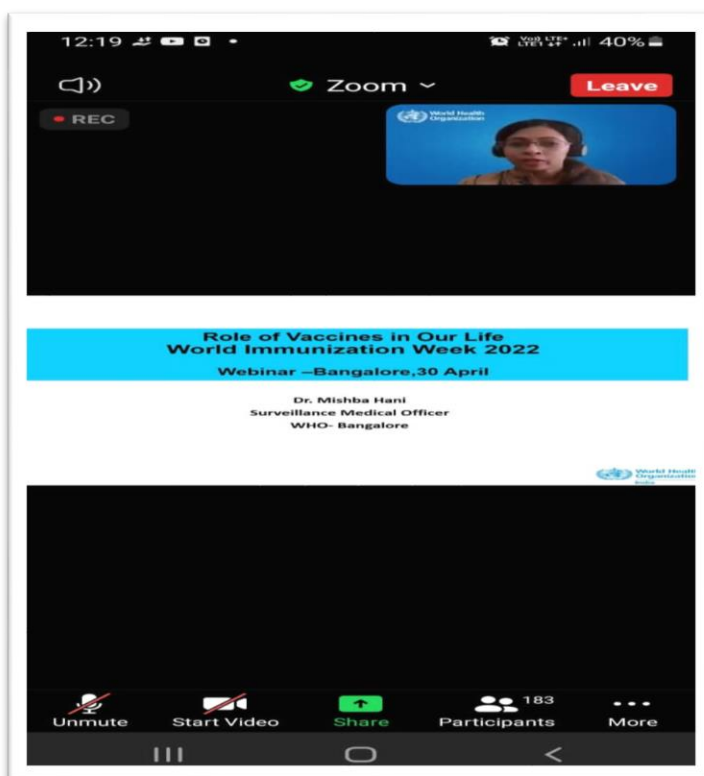
Departmental Seminar

Medical Surgical Department Conducted a seminar on 2nd of May 2022 on topic Anatomy & Physiology of heart and its importance of diet, exercises in controlling the effects of heart disorders during rehabilitation by Mr. Arun Raj, P. Ass. Prof. Department of Allied Health Science.



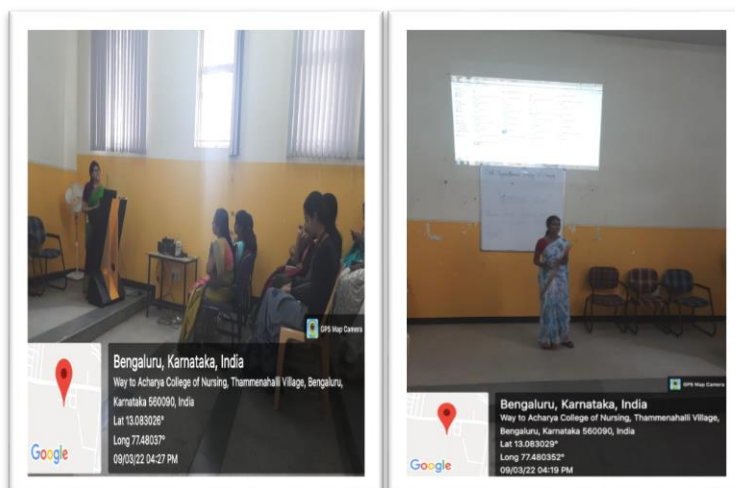
World Immunization week

Was organised on 30 April 2022 for Faculty and students of I, II, III B.sc and GNM and Final year Post Basic B.sc. of Smt Nagarathamma school and college of nursing. The webinar commenced with introduction of the speakers by the coordinator of the programme Dr. Sunitha. The speakers discussed about vaccines and types. Revised Universal Immunization programme was shared. The vaccines facility should be available and reachable to the remote areas. The importance of vaccination for all during the pandemic was highlighted. India achieved in vaccinating all the people in India for corona virus.



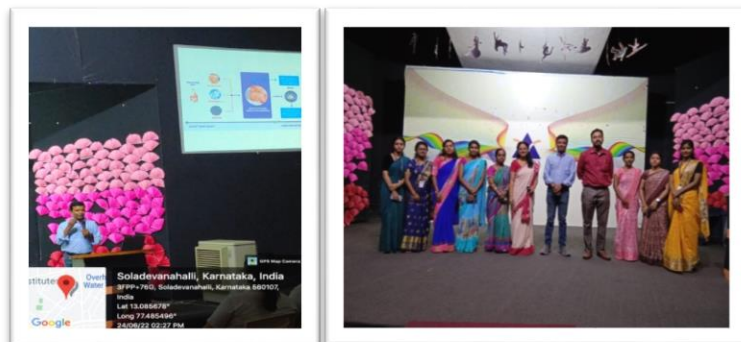
INTERNATIONAL WOMEN'S DAY

Department of OBG "The Women cell of Smt. Nagarathamma college of Nursing, conducted women's day on 08.03.2021 at Acharya institutes, Bangalore. The program was co-ordinate and conducted by Ms. Geeta, Lecturer, Women cell Coordinator and Ms. Adela, Lecturer.



International Seminar on Complications of Anaemia – Transfusion in Premature Babies.

Seminar was conducted on International Seminar on Complications of Anaemia – Transfusion in Premature Babies By Mr.Mohan K Krishnan Assistant Professor, Division of Neonatology, John Hopkins University Baltimore, Maryland.



IPR Orientation Programme

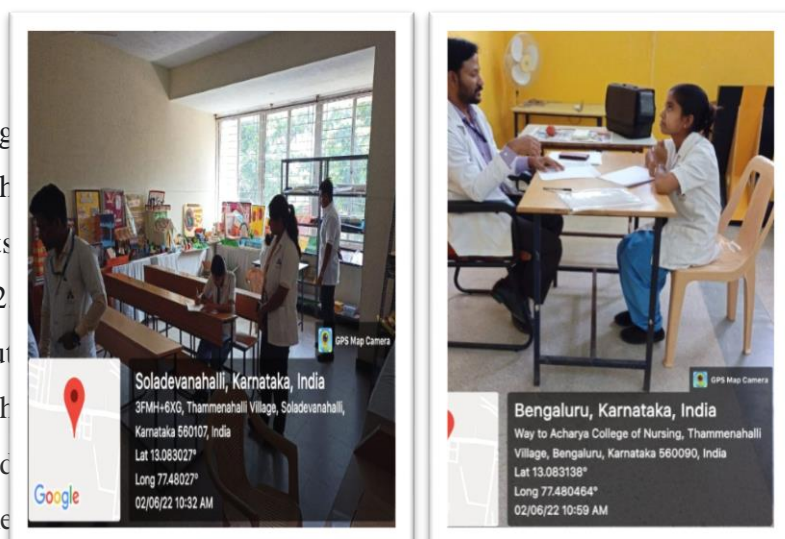
IPR cell of Acharya conducted an orientation program for the faculties and researchers of Smt.Nagarathamma College of Nursing (SNCN) on 14th June 2022 at the nursing college auditorium. program started with an introductory address by Prof. Iqbal Ahmed, Coordinator of the IPR Cell. He emphasized the need for patents and copyrights for an institution to get ranking under NAAC/NBA/NIRF. Dr. N.M. Raghavendra, Secretary of the IPR Cell, narrated the various activities of the IPR Cell conducted across the campus.



Objective Structured Practical Examination (OSPE)

Communiy Health Nursing

Smt.Nagarathamma college of nursing conducted OSPE on Community Health Nursing for final year Bsc Nursing students from 1st of June 2022 – 3rd of June 2022. Students were given brief instructions about OSPE and its Benifites. In OSPE each component of clinical competence is tested uniformly and objectively for all the students.



Department of OBG

Had organized OSCE for 4th year B.SC Nursing students for three days from 8.6.2022 to 10.6.2022. Students went each station 5 minutes answering questions from the examiner at the end of the station, then the questions are standardized that are on the mark sheet. The team approach improves efficiency and encourages learning from students.



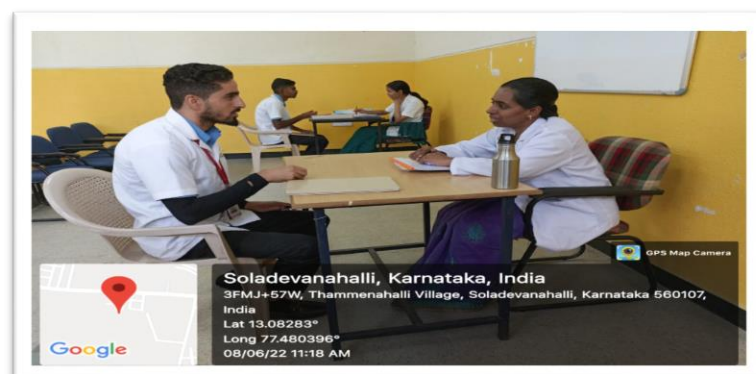
Department of mental health nursing

Had organized OSCE for 3rd year B.SC Nursing students for two days from 27.6.2022 to 28.6.2022. The candidates are marked for their performance and feedback is provided. The team approach improves efficiency and encourages learning from students.



Department of Medical Surgical nursing

On 8th and 9th June 2022 OSCE was conducted for III B Sc students. After completing the four stations, students gave their VIVA. There were two examiners to conduct VIVA. Questions were posed to students based on their Medical Surgical Nursing syllabus and their clinical exposure.



ALUMNI

Alumni Webinar

Webinar on PATIENT SAFETY FACTOR participants registered for the webinar. The webinar was held on 20th Nov 2021, on Microsoft team online platform .The session started at 12pm with the Welcome address by Mrs. Gincy Samuel, Asst. Prof.Dept of Medical Surgical Nursing .The session started by a brief introduction of the Guest Speaker (Ms. DEBASREE SAHA, BSc Nursing, Clinical Instructor, Mount Carmel College of Nursing, Bengaluru) followed by the session.

ACHARYA INSTITUTES BENGALURU

"WEBINAR ON PATIENT SAFETY FACTORS"

ORGANIZED BY:
SMT. NAGARATHNAMMA COLLEGE OF NURSING
(APPROVED TO REGISE BENGALURU, APPROVED BY GOVERNMENT OF KARNATAKA, BENGALURU, INDIA. NEW DELHI, INDIA. MAAC ACCREDITED)

20/11/2021 12 - 1PM

REGISTRATION LINK/FORM:
https://teams.microsoft.com/registration/BM7W4EFGkmYmw0FT7udoQzJK9yDb_sEapMcCwZbstA_gQIGWUJZPlumniQ_Y70mRag_QH2hJkk5EeCkbaF19RZmQxE_escI9_DyZQ787E8_gQ_VYZn9R9rGhGhKOhF3VLAfmode=read&temp;tenantid=e0b06ce04-c544-491a-959b-0d054fb96a1

ONLINE MEETING LINK:
https://teams.microsoft.com/join/19%3ameeting_ZZzhMDAwODhZWVmnNC00MaY1LTIhOTUM2NjZDVhOD8jNTgz%50hthread.v2/0?context=%7b%22Tid%22%3a%22e0b06ce04-c544-491a-959b-0d054fb96a1%22%2c%22Oid%22%3a%221483255d-8954-4c1c-931b-ee0694e79342%22%7d

ADVISORY COMMITTEE
PROF. DEVI NANJAPPAN
PRINCIPAL, SMT.NAGARATHNAMMA COLLEGE OF NURSING

CONVENER/COORDINATOR
MRS. GINCY SAMUEL
ALUMNI COORDINATOR

OBJECTIVES OF THE PROGRAM

- To prevent medical error and probable harm to patient.
- To promote evidence based health care delivery.
- To procure holistic well-being of patient and public

RESOURCE PERSONS DETAILS:

MS. DEBASREE SAHA
CLINICAL INSTRUCTOR
MOUNT CARMEL COLLEGE OF NURSING,
BENGALURU

VIRTUAL ANNUAL ALUMNI MEET

Smt. Nagarathnamma College of Nursing under the Acharya Alumni Trust organized Virtual Annual Alumni Meet on 17th of July 2021 at 11am on Microsoft teams platform. During Virtual Meet Cultural program was showcased by GNM 1st year, 3rd year, Bsc 1st year and 2nd year batch. Some of our alumni expressed their views about the college and alumni meet, though they were at different places & countries and different time zones 100 participants from different parts of country attended Virtual Alumni Meet.

ACHARYA ACHARYA ALUMNI ASSOCIATION

Acharya Alumni Association (AAA) Trust
— Smt. Nagarathnamma College of Nursing —

With great pride and joy we invite you to join us for

VIRTUAL ANNUAL ALUMNI MEET 2021
17TH JULY, 2021 • 11:00 AM • FOR FACULTY AND STUDENT

OBJECTIVES

- To discuss life after acharya and its impact.
- To inspire and direct the young minds of acharyans.
- A word of exchange on AAA- ways to make a difference.

Advisory Committee
Prof. Devi Nanjappan,
Prinipal, Smt, Nagarathnamma College of Nursing

Convener/Coordinator
Mrs. Gincy Samuel,
Alumni Coordinator, Asst-Professor, Smt. Nagarathnamma College of Nursing

REGISTRATION: <https://tinyurl.com/hbupz8uj>

PLATFORM: <https://tinyurl.com/yfxy9p7>

www.acharya.ac.in

LIBRARY

FACULTY LIBRARY ORIENTATION

The orientation programme aimed to sensitize the faculties about Library resources, facilities, services, rules and regulations for effective use and excellence in learning. The Orientation programme was integrated with structured presentation and demonstration of e-resources. Librarian Sushmitha M explained in detail the most important resources linked to Library Website, e-journals under consortia, Institutional Repositories and Remote Access facility. In website at first e-resources in which we have subscribed e-resources, open access e-resources & covid-19 open access e-resources options.



STUDENTS LIBRARY ORIENTATION

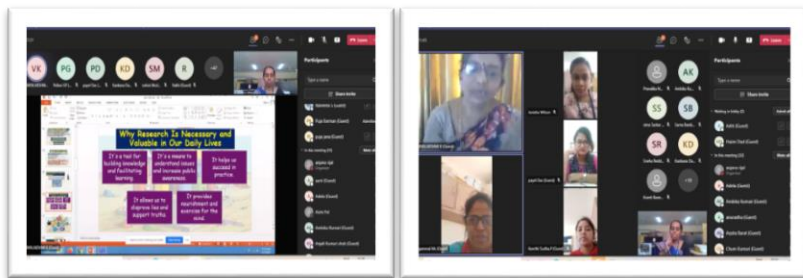
The orientation programme aimed to sensitize the students about Library resources, facilities, services, rules and regulations for effective use and excellence in learning. The Orientation programme was integrated with structured presentation and demonstration of e-resources. Session was split into two parts by Hazarath Asma Tabassum, Library Assistant presented the students with different types of documents, Books, Journals and other learning print and e-resources, facilities, rules and regulations regarding books borrowing and other services as an introductory talk. Second part of the session Demo explained in detail the most important resources linked to Library Website, e-journals under consortia, Institutional Repositories and Remote Access facility



Faculty Development Programme.

WEBINAR

FDP webinar was conducted on “Research in nursing Practice” by Mrs.K.Vijayalakshmi on 12/03/22 organized by Mrs.Snehalatha.



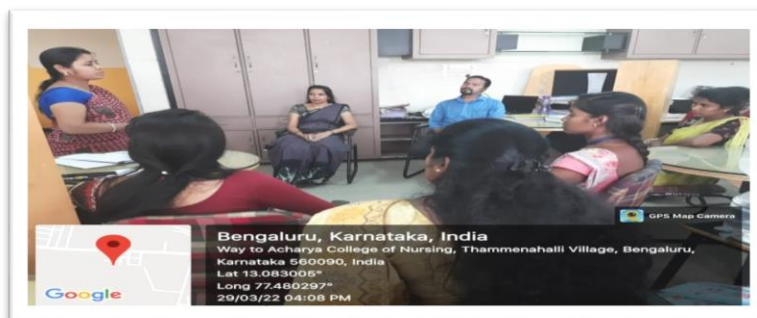
Faculty Preparedness Programme

Faculty Preparedness Programme was conducted; it was coordinated by Dr.Justin and facilitated by Ms.Bhagya and Ms.Geetha. From 21/03/2022 to 28/03/2022.



Journal Club

Journal Club Presentation will be organized by staffs every month. Mrs. Keerthi: “A Retrospective study to identify the causes of postnatal depression among postnatal mothers of a selected hospital at Bharuch, Gujarat”



Ms.Geetha: “Assessing requirement on additional screening for detection of breast cancer by MRI after screening with ultrasound”.



International labors day

We celebrated “International labors day” on 02/05/22. Gifts distribution to our housekeeping staffs.



Mind Spark

Campuz buzz

Smt.Nagarathnamma School & College of Nursing allows students exhibits their talents through art and poetry by which helps students to strengthen their mind and make them more successful and focused in the classroom. It can help them build professional skills, and skills that cannot be learned in an academic environment. They can help expand their social circle and also allow them to pursue their interests.



Teachers Buzz

It is the supreme art of the teacher to awaken joy in creative expression and knowledge. People learn best when they're doing something fun and interesting



Academic

Student Council.

Faculty Student Council was planned for all nursing students GNM & Bsc (Boys) of Smt.Nagarathnamma School & College of Nursing on 28th of April 2022 under SNA to educate and motivate students about Nursing professionalism and Code of Ethics in College campus along with importance of Academics.



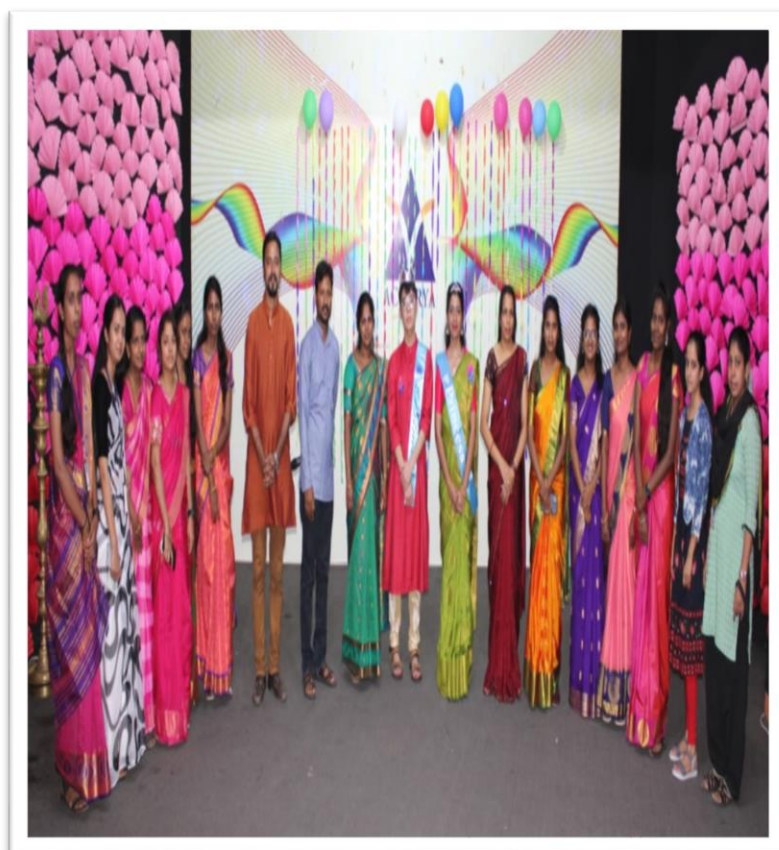
Nurses day

International Nurses day 2022 was celebrated by Smt.Nagarathamma School & College of Nursing staffs and students on 12th of May, Various activities were planned both for staffs and students on this occasion. Prof.Devi Nanjappan, Principal SNSCN Organised “8” Shaped Walking Exercise by Drawing a parallel leaving a ten feet gap, Benifites of this was explained



Freshers Day.

Freshers day was organised on 12th of may 2022, with the theme of Indian Ethnic wear, Celebrations started at 12 pm at main auidtorium with welcome note. Prof.Devi Nanjappan, Principal addressed Students with motivational and encouraging words for new buds of smt.nagarathamma school & College of nursing. Programme carried by 2nd year bsc nursing students by culturals and fashion show. Mr & Ms Fresher was awarded at the end. Programme was concluded with vote of thanks and National Anthem.



CLASS REPRESENTATIVE REPORT.

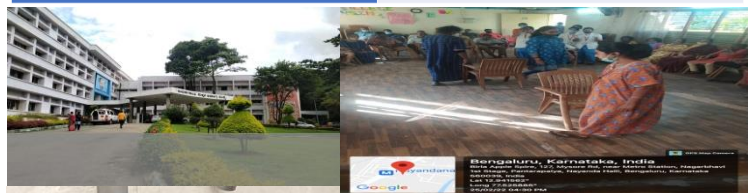
The first meeting with students representative was conducted by Dr. Justin Jeya on 29th of April 2022 under the guidance of our Principal mam. This session was planned for all representative of nursing students of GNM & BSc of Smt.Nagarathamma School & College of Nursing with an objectives to create an environment where every student can voice out their concern or need & to provide a platform where the students can showcase their needs without hesitation.



Clinical Report

Clinical postings form an important part of the nursing curriculum as they help to expand the horizon of the student community. The students gain clinical experience through block postings in various government and multi-speciality hospitals. Smt.Nagarathamma School & College of Nursing conducts clinical practices in reputed hospitals with proper guidance from our efficient staff members. The students conduct bed side presentations and clinical conferences to gain hands-on experience from the leaders.

Clinical Specialty	Name of the Hospital
Nursing Foundation	ESIC Hospital
Medical Surgical Nursing - I	ESIC Hospital
Community Health Nursing - I	Victoria hospital
Medical Surgical Nursing - II	PHC Silebepura village, Susvegatta village
Mental Health Nursing	ESIC Hospital
	Victoria Hospital
	Spandana Hospital
	Indira Gandhi Institute of Child Health
OBG	ESIC Hospital
	Vanivilas Hospital
Community Health Nursing - II	PHC Silebepura village, Susvegatta village
MLHP	District Hospital & Community Health Centre
	Primary Health Centre, & Sub Centre
Internship	ESIC Hospital



Batch	Students Exposed	Batch	Students Exposed
I Bsc	122	I Gnm	60
II Bsc	113	II Gnm	41
III Bsc	84	III Gnm	94
IV Bsc	62	Pbbsc	01

