7.3.1. Portray the performance of the Institution in one area distinctive to its priority and thrust within 500 words

Response:

Holistic Nursing practice towards the wellness of society

The Institution is sensitive to the needs of society especially to changing trends on the occurrence of communicable and non-communicable diseases. It aims to create health awareness and implement risk reduction strategies as primordial prevention and promotion of health towards wellness. It is a cost-effective measure and reduces health care expenditure.

Holistic nursing practice is a comprehensive approach that emphasizes "healing the whole person". The holistic nursing practice encompasses the patient's biological, social, psychological and spiritual aspects of care. Every aspect of care is addressed through the following strategies.

Smt.Nagarathnamma College of nursing distinctively practices Holistic nursing which includes the practice of Yoga, and health education as primordial prevention to promote health and wellness. Institution has adopted village maruthi nagar under Chikkabanavara PHC which consists of a population of 1650. Family adoption students will be assigned around five families for which they will be responsible for monitoring their general health conditions and providing advice to all these members for three consecutive years, students will be required to visit the adopted families through telemedicine. Students are guided by Assistant Professors under the Community health department. Wellbaby clinic for the total wellbeing of every child is conducted regularly in the rural area around the institution to promote the wellness of the baby.

Thus holistic nursing practice caters to the needs of society and helps them to reach wellness. Students of our college are encouraged to work as frontline warriors during the COVID-19 pandemic under ACT (Acharya Task Force), to take care of asymptomatic and symptomatic students and to reach the unreached people in the community. Health education programmes are regularly conducted in villages around the institution to create awareness among the public to prevent illness and promote health through role play and puppet shows.

Institution has a very strong ERP/LMS & proctorial system which provides students guidance for academic and personal needs and a sense of security. College is collaborating with UMEA University, Sweden for a faculty & student exchange program.

Institution

College Pulse is a polling platform designed to aggregate and share College reports under various departments which highlights the most recent data collection, outlining topic areas for each month of collection.